



LAURIE HOCK

Grow Your Company From the Inside Out

Lead Accelerator

LED BY LAURIE HOCK

Are you **LIVING** your life or **LEADING** it?

This is not about what title you have or what leadership position you hold within an organization or group. The question “Are you LIVING life or LEADING it” requires a careful self inventory of beliefs and behavior. Review the statements below. For each line, take time to honestly assess yourself and highlight the statement from the column (Living or Leading) that most accurately describes your current mindset. If you lead a team or organization, utilize this Live or Lead Accelerator to assess and stimulate leadership development among your people.

LIVING	LEADING
<input type="checkbox"/> 1. Things happen to me.	<input type="checkbox"/> 1. Things happen through me.
<input type="checkbox"/> 2. I wait for opportunity to arise.	<input type="checkbox"/> 2. I create the opportunities I seek.
<input type="checkbox"/> 3. I give an excuse of why not to do it.	<input type="checkbox"/> 3. I find a way to make it happen.
<input type="checkbox"/> 4. I wish there was enough time in the day to get it all done.	<input type="checkbox"/> 4. I confidently say no to good things so I can say yes to the best things.
<input type="checkbox"/> 5. I strive to be the jack of all trades, appearing strong/competent in all areas.	<input type="checkbox"/> 5. Because of my unique strengths, I courageously acknowledge I am best in only a few key areas.
<input type="checkbox"/> 6. I am so caught up in the whirlwind of the day to day there's hardly time to think ahead.	<input type="checkbox"/> 6. Each day I intentionally and strategically prioritize decisions/tasks that take me toward my big vision.
<input type="checkbox"/> 7. I keep doing things the way I've always done them.	<input type="checkbox"/> 7. I regularly re-evaluate and ask myself, "Could this be done a more effective way?"
<input type="checkbox"/> 8. I cherish the safety/security of my comfort zone — the familiar, predictable, and routine.	<input type="checkbox"/> 8. I pioneer into things that stretch and scare me. Everything I want is on the other side of fear.
<input type="checkbox"/> 9. I operate from the mindset I cannot slow down or things will fall apart.	<input type="checkbox"/> 9. The more I have going on, the more I empower and develop other leaders to create long term, sustainable success.
<input type="checkbox"/> 10. I have such big aspirations I find myself too busy for fun or friends.	<input type="checkbox"/> 10. Though counterintuitive to my work ethic, I create space to slow down and nurture my soul through faith, family and friendship — the biggest influencers to my success.
<input type="checkbox"/> 11. How can I get this all done?	<input type="checkbox"/> 11. Who can I bring in to help?
<input type="checkbox"/> 12. I primarily associate with people who think like me.	<input type="checkbox"/> 12. I cultivate connection with people who share my values but think different thoughts.
<input type="checkbox"/> 13. So much is vying for my attention I'm trying to keep my head above water.	<input type="checkbox"/> 13. I feel purpose, passion, clarity and fulfillment in who I'm being and what I'm doing.
<input type="checkbox"/> 14. I struggle to find balance between work and home.	<input type="checkbox"/> 14. I understand balance doesn't mean equal, and quality doesn't equate to quantity.
<input type="checkbox"/> 15. I am not sure what I'm aiming for or where I'm headed in life.	<input type="checkbox"/> 15. I have a vision for my future and utilize goals to take action toward it.
<input type="checkbox"/> 16. I can do this on my own.	<input type="checkbox"/> 16. Together, we're better. I'm actively part of a growth community where I generously give and receive support.
<input type="checkbox"/> 17. I live from the expectations of others.	<input type="checkbox"/> 17. I know who I am and confidently own my value.
<input type="checkbox"/> 18. I wonder where my time is going.	<input type="checkbox"/> 18. I tell my time what to do.
<input type="checkbox"/> 19. I want others to tell me what to think.	<input type="checkbox"/> 19. I know how to think for myself.
<input type="checkbox"/> 20. I am reactive.	<input type="checkbox"/> 20. I am proactive.
<input type="checkbox"/> 21. My days are so full I feel too busy to reflect and assess.	<input type="checkbox"/> 21. I regularly reflect and evaluate my experiences, my growth and my progress to fuel my journey forward.
<input type="checkbox"/> 22. I spend my time.	<input type="checkbox"/> 22. I invest my time.
<input type="checkbox"/> 23. I work so hard but feel I have little to show for it.	<input type="checkbox"/> 23. I work on the right things, not everything.
____ Total # of Highlighted Items	____ Total # of Highlighted Items

More living than leading? Begin changing that today!

Leadership develops one day at a time. Position yourself in catalytic environments that will turn your potential into results. Sign up at www.lauriehock.com for my free email tips or partner with me to coach you through making this shift.

Doing more leading than living? Congratulations!

You're on pace for epic impact. What will continue to sharpen you and ensure your upward trajectory? Who are you developing and bringing with you on the journey?



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The **CATALYST** necessary to crystallize potential into results is **LEADERSHIP**.

If you're not leading your life, your team or your company, who is?

Leadership is multifaceted. It entails more than most people realize. The responsibility is challenging and the stakes are high. You are not alone in this. Who is helping you navigate it and develop your leadership excellence?

The statements from page one can be grouped into three essential elements of leadership. Score yourself in these sub-categories to identify your opportunities for development.

● **Creator & Growth-Oriented Mindset | Questions 1, 2, 3, 7, 8, 19, 20**

Total number of highlighted statements for Living _____ Leading _____

● **Collaboration & Seek Support | Questions 9, 10, 11, 12, 16**

Total number of highlighted statements for Living _____ Leading _____

● **Focus & Sense of Purpose | Questions 4, 5, 6, 13, 14, 15, 17, 18, 21, 22, 23**

Total number of highlighted statements for Living _____ Leading _____

What do your above responses indicate about where you need to grow? _____

What will you do to expand your capacity to lead? _____

We were not created to simply live, maintain or manage. We are all called to continuously pursue more potential within ourselves and others...to lead — yourself, your family, your team, your company or your country. Genuine leadership is not accidental, its intentional.

I'm a catalyst to support and mobilize you forward in each of the essential areas of leadership. Contact me today to learn how we can activate your talent and develop your unique Leadership Signature for success in all areas of your life.

Your best is yet to come...



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*Gallup Certified Strengths Coach
John Maxwell Team Speaker & Coach*